

# Things to do in Salem



## **Water signs -- December 2021 tarot reading Inverted strength, the moon, inverted five of cups**

Water signs, the first major message and intuitive hit I got for you was “rest”. The three cards I drew for you literally fell onto the table as I was shuffling, two at first and then the third one afterwards. They jumped forward.

You are strongly being told to rest and reset. Reserve your strength and inner resolve, hold tight onto your personal power and resources. Do some deep diving and exploration into the depth of your mind. Do you keep a dream journal? This might be a great time to start. Journal during the morning or day when you need to reflect. Do art and tap into your unconscious or shadow self. Are you going to therapy or considering it? This might be a great time for that as well. I do not say that in a negative way or with any negative connotation. Therapy is a great tool for personal development and growth that we could all benefit from. Every single one of us. Learning your mind, your unconscious self, your shadow traits, your light traits can only benefit you and lead you down the path of personal evolution and towards actualization.

The last message I get is about childhood and old memories. Let those go, if needed. Drop them back into the sea, into the ocean of memories we all have. Let any pain from the past sink into the universe and know that it does not need to be carried around anymore, if you don't want it.

### **Journal prompt**

You cannot pour from an empty cup. Who are the people in your life that drain your energy in a bad way? What are the places and situations that drain your energy in a bad way? What in your life is taking from your personal power and sense of self? Journal and identify those things in your world and work on correcting that if possible.

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